

TERMS AND CONDITIONS

1. I, the undersigned, wish to participate in the Abseil/Tyrolean Traverse in aid of Woking & Sam Beare Hospices on Saturday 3rd July / Sunday 4th July, 2010, between 10am and 5pm.

2. I confirm I am 16 years old or over and that all the above information on my application form is correct.

3. I understand and fully accept that participating in Abseiling or a Tyrolean Traverse could entail some risk.

4. It is my responsibility to pay due care and attention to the instructors from AC Adventures at all times during my Abseil or Tyrolean Traverse. The instructor is only liable for my safety during the Abseil or Tyrolean Traverse.

5. I will wear appropriate clothing and footwear for the event day. I will not wear jewellery. Long hair will be tied back. I will wear all the safety equipment provided.

6. I acknowledge I am responsible for my behaviour during the Abseil/Tyrolean Traverse. Offensive, aggressive or disruptive behaviour will result in me not participating in the Abseil/Tyrolean Traverse.

7. I agree to be responsible for my own possessions.

8. To the best of my knowledge I have declared all medical conditions (including pregnancy).

9. I acknowledge that AC Adventures is only responsible for my safety during the Abseil or Tyrolean Traverse.

10. Agree to raise a minimum fundraising total of £100 in sponsorship for doing the Abseil or Tyrolean Traverse. If doing both the Abseil & Tyrolean Traverse, then the minimum fundraising total is £200

I have read and understood the above and, in signing, I agree to these terms and conditions.

I enclose a cheque for – Abseil £20 / Tyrolean Traverse £35 / Both Events £55

We will return your cheque if the event is oversubscribed by the time we receive your registration form. Alternatively, you can choose to donate the fee amount to Woking & Sam Beare Hospices

If you would like to do this, please tick here

Signature

Date

 **WOKING & SAM BEARE**
HOSPICES

Abseil & Tyrolean Traverse Weekend

Saturday 3rd & Sunday 4th July, 2010
Dukes Court, Woking



100ft Abseil

A 1st for Woking
**160ft Tyrolean
Traverse**

**Dare you abseil 100ft or traverse 160ft across
two towers to raise £100 for Woking & Sam
Beare Hospices?**

No previous experience required. Instruction will be given on the day by qualified instructors from AC Adventures.

Saturday 3rd July, 100ft Abseil Day

The abseil will take place off the top of Dukes Court in Woking and will be an abseil of 100ft down the side of the building... GREAT FUN!!

Number of places - 100

Registration Fee - £20

Minimum amount to be raised by sponsorship - £100

Sunday 4th July, 160ft Tyrolean Traverse Day *

The Tyrolean Traverse will be a 1st for Woking and will involve traversing 160ft from the top of one tower at Dukes Court, to the other tower.

Number of places available - 50

Registration Fee - £35

Minimum amount to be raised by sponsorship - £100

Who can take part in the Abseil & Tyrolean Traverse?

- Anyone over 16 years of age
- Able bodied people
- Individuals whose weight does not exceed 16 stone
- People with a reasonable level of fitness & upper body strength *

How do I enter...

- 1 Complete the form opposite and read then sign the terms & conditions.
- 2 Detach form and return it with a cheque (payable to Woking Hospice) for the correct amount before 25th June to:

Mary Lacey, Woking Hospice, Hill View Rd, Woking, Surrey, GU22 7HW
- 3 Once registered, we will send a time slot for your activity. If you are planning to take part with a friend or family member and would like a similar time slot, please mention this when submitting your form. We will try to assign you the same time slot but cannot guarantee this.

Once you are registered, we will inform you of the following:

- What you should wear on the day
- What to expect on the day
- How to go about raising the minimum £100 in sponsorship for Woking & Sam Beare Hospices

Woking & Sam Beare Hospice Abseil & Tyrolean Traverse Registration Form

Reference *Office Use Only*

Please ensure you have read the terms & conditions. You must be aged 16 or over to participate

Title

Forename

Surname

Date of birth

Address

Postcode

Email

Hospice staff member or staff family member? YES NO *Delete as applicable*

Telephone

Mobile

Your known medical conditions *(including pregnancy)*

Any additional information/requests you feel relevant

Please select which day/s you would like to do

Saturday 3rd July Abseil

£20 Registration Fee

Sunday 4th July Tyrolean Traverse

£35 Registration Fee

Both days Abseil & Tyrolean Traverse

£55 Registration Fee

Please note that no entry can be accepted without payment of the correct fee. Send your application to: Mary Lacey (Charity Abseil), Fundraising & Events Dept, Woking Hospice, Hill View Road, Woking, Surrey, GU22 7HW. All cheques are to be made payable to Woking Hospice and should arrive by Friday, June 25th, 2010. Confirmation of your reservation and the time of your abseil will be sent within 10 days.

Cancellation. The organisers will endeavour to reschedule the event should it be cancelled due to circumstances beyond their control (e.g. hazardous weather conditions, etc). If you are unable to attend the rescheduled event, we will refund your registration fee. If participants withdraw at any stage after registration, the organisers reserve the right to retain the fee.

Please sign the Terms and Conditions overleaf 